

Mason County's

**Oakview**  
MEDICAL CARE FACILITY



County-owned and serving the community  
since 1966... "Like Family"



November 2018

# Sutter Living Center

activities >>>

## November Happenings

- 11-2-18 *Gospel Sing-A-Long @ 2:30 p.m.*
- 11-6-18 *Catholic Mass @ 2:30 p.m.*
- 11-11-18 *Scottville Youth for Christ @ 2:30 pm*
- 11-13-18 *Charity the Piano Player @ 1:45 pm*
- 11-16-18 *Gospel Sing-A-Long @ 2:30 a.m.*
- 11-18-18 *Sunday Service with Tom Vischers @ 2:30 p.m.*
- 11-21-18 *Rodney Beyer Accordion Music @ 2:30 pm*
- 11-22-18 *Thanksgiving Day*
- 11-28-18 *Music by John Marek @ 2:30 p.m.*
- 11-30-18 *Gospel Sing-A-Long @ 2:30 pm*

## Oakview Residents and Families

*From the desk of Jannice Lamm, CTRS, LNHA*

**November is National Alzheimer's Disease Awareness Month and National Caregiver Month.** In the United States, there are more than 16.1 million Alzheimer's and dementia caregivers. We want to send these exceptional people a big "thank you" for everything they do.

### 2018 Alzheimer's Disease Facts and Figures

- The number of Americans living with Alzheimer's is growing — and growing fast. An estimated 5.7 million Americans of all ages have Alzheimer's.
- This number includes an estimated 5.5 million people age 65 and older and approximately 200,000 individuals under age 65 who have younger-onset Alzheimer's.
- One in 10 people age 65 and older (10 percent) has Alzheimer's dementia.
- Almost two-thirds of Americans with Alzheimer's are women.
- As the number of older Americans grows rapidly, so too will the number of new and existing cases of Alzheimer's. Today, someone in the United States develops Alzheimer's every 65 seconds. By mid-century, someone in the United States will develop the disease every 33 seconds.
- Early diagnosis of Alzheimer's provides a number of important benefits to diagnosed individuals, their caregivers and loved ones, as well as society as a whole.

Information from alz.org



## Medicare Cards

The Center for Medicare Services have begun mailing new Medicare cards to Michigan residents. Please provide a copy of your loved ones new Medicare card to the Business Office when you receive it.



The laundry department has acquired several items that are not labeled over the last year. The DOMES department would like to invite family members to stop in to the Spruce conference room on November 9th from 7:00 am till 3:00 pm to see if any of these unclaimed items might belong to your family member. Thank-you

### Election Time

Tuesday, November 6

Take time to vote!



### Fall and Winter Clothing

Family members are encouraged to talk with the nurse aides about what clothing may be needed for their loved one as we enter the fall and winter seasons. Many residents are in need of clothing. Please plan to pick up the spring and summer clothing as space is limited.  
Thank you!



### Money Reminder

It is not recommended that residents have money in their room or in a purse/wallet. Money can be kept in an individual account in the business office for safe keeping and can be withdrawn when needed. Unfortunately, things do come up missing from time to time.



### Holiday and Family Celebrations

Families are often motivated to bring relatives with dementia home from care facilities for holidays out of fear that they will feel neglected if they do not. It is important to remember that people with dementia may not have same expectations of holiday celebration as they once did, and taking them out of the facility may reflect our own need to recreate holidays as they used to be. Whether to bring a family member with dementia home for the holidays is a difficult decision and depends on the individual. Take time to consider whether he/she would benefit from being at home, or would the change in the routine and environment be too difficult to handle?



### Save the Date!

This year our resident and family Christmas celebration will be a little different. We will be having an afternoon celebration on Thursday, December 20<sup>th</sup> with music and various desserts to enjoy. Further details will be shared at a later date along with the invitations.

SLC Cordless Resident Phone: 231-843-7172

SLC Nursing Station: 231-845-5185, ext 256

### Final Thoughts ...

We are here to serve our residents. We hope that your experience is everything that you expect it to be. If you have questions or concerns please feel free to stop in, call, or email me.

Mary Jo Claire, LBSW, Director of Social Services/SLC Unit Manager  
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